



# In Touch

UNIVERSITY OF WISCONSIN-MADISON PHYSICAL THERAPY PROGRAM  
ALUMNI NEWSLETTER • SUMMER 2006



## A Message from the Program Director

*Lisa Steinkamp, PT, MS, MBA*

In the interest of space, I am going to keep my words to a minimum. I think this newsletter will speak for itself in terms of how busy we have been. Since I know you are all interested in the status of the DPT program, I can give you the following update. Our Entitlement to Plan the DPT

was approved by the Board of Regents and our DPT curriculum was just approved by the School of Medicine and Public Health's Educational Policy Council. The Authorization to Implement the DPT Degree document will make the rounds this fall.

We were fortunate to have some influential guests this spring. Timothy Flynn, PT, PhD, OCS, FAAOMPT spent some time with us and presented "The Accountable DPT: Diagnosis, Prognosis and Therapy" as the 2006 Visiting Lecture.

In addition, Professor Huang Liping, PhD, from Tianjin Sports University in China, spent the semester with us and established a faculty exchange agreement between our respective programs.

The Class of 2005 boasted a 100% pass-rate on the national licensure exam. To continue this positive trend, we would be glad to take any licensure study books you may have lying around to give to our graduating students each year!

## Many thanks to the following people for participating in our spinal cord injury lab:

Tim Austen, Erin Brownell, Kurt Christensen  
Monica Kamal Rossa, Keith Ludolph, Mike Mohr, and Gary Satina.

## PT Program Scholarships

### First-Year Students:

Barbara Ellen Gerlich-Hoefeyzer Scholarship:  
**Ginna Irwin**

Amelia Doyan Scholarship: **Carrie Barrett**

Harper Scholarships: **Sara Ebel and Alena Janny**

Wisconsin Physical Therapy Alumni Scholarships:  
**Anne Marie Kohn, Sonya Rowe, Preston Brown, Mitchell Hutter**

Physical Therapy Student Scholarship:  
**Emily Jaehnig**

### Second-Year Students:

Margaret Kohli Scholarship: **Jennie Broder**

Jean Roland Scholarship: **Ann Murray**

Barbara Ellen Gerlich-Hoefeyzer Scholarship:  
**Heidi Hastreiter**

Wisconsin Physical Therapy Alumni Scholarship:  
**Amy Schubert**



Dr. Flynn demonstrates manipulation techniques to PT students.

# Student News



Students gather at the registration table prior to the Bucky Race for Rehab.

- The Bucky Race for Rehab attracted over 300 runners. Funds raised from the race went to the MEDiC program (interdisciplinary student-run medical clinics for underserved populations) and the Pittsburgh-Marquette Challenge.
- UW-Madison hosted the Wisconsin Student Conclave.
- Students attended Legislative Day.
- Students participated in the High School Girls Careers in Health Care Day.
- **Sonya Rowe** and **Emily Jaehnig** participated in an interdisciplinary course entitled "Health Care in Diverse Communities."



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MEDICAL SCHOOL

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Program Director

**Nick Weber**  
Design and Layout

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- Emily Jaehnig spoke on WORT Spanish radio about physical therapy services offered at the MEDiC clinics.
- Emily Jaehnig lobbied with UW-Madison medical students to advocate that legislators address the healthcare crisis in Wisconsin and ensure equal access for all citizens, and to advocate two pieces of legislation--the Fair Share for Health Care and the Action Plan for Affordable Health Care.
- **Emily Ganzkow-Wold, Liz Sierra, John Pulkrabek, and Brent Bode** traveled south to help with post-Katrina restoration over spring break.
- Emily Ganzkow-Wold, **Emily Peterson,** and **Amy Schubert** volunteered at the WPTA Spring Conference.
- **Heidi Hastreiter,** Amy Schubert and Emily Jaehnig received WPTA awards/scholarships.
- **John Pulkrabek** received an honorable mention on his poster with faculty member **Bryan Heiderscheit**, entitled "Hip muscle activity and pelvic motion during level and inclined gait."
- Amy Schubert was elected as a WPTA Board of Directors student representative.
- Faculty and students held PT instructional labs for medical students (at the medical students' request!).
- Students participated in interdisciplinary Global Health Interest and Integrative Medicine groups.

The following students completed Independent Studies:

**Shannon Flood** studied the use of videotaping patient interviews to improve physical therapy student interviewing skills.

**Natalie Pellecchia** started a project entitled "Cervical spine kinematics during daily activity." The project will establish normative data for frequency and magnitude of cervical spine motion during normal daily activities. In collaboration with Paul Anderson, MD and Ray Vanderby, PhD, she helped develop a measurement device that subjects can wear at home and work that will record cervical spine kinematics without impeding normal motion.

Natalie Pellecchia and Amy Schubert worked on an NIH-funded project under the supervision of Dr. Heiderscheit. The primary goal of this project is to develop a web-based animated exercise library of rehabilitation exercises that can be accessed over the Internet by patients under the care of physical therapists. A patient-specific animated home exercise program can then be quickly and easily created by a physical therapist to be accessed by the patient from home.

- **Jennie Broder, Arianne Hanlon, and Ann Murray** participated in Waisman Center interdisciplinary pediatric programs.
- Jennie Broder is co-author on a publication entitled "Maternal sensory sensitivity, mother-infant 9-Month interaction, attachment status: predictors of mother-infant interaction at 24 months."
- This summer, Arianne Hanlon participated in a cultural immersion experience at the Salvation Army. She says the most valuable thing she learned was how to deal with people in crisis mode without going into crisis mode herself!
- Natalie Pellecchia is writing an article for the APTA Geriatric Section's "Geri Notes."
- Other spring semester events: a Boards party for the recent graduates, a Program Open House for

family and friends, a Brewers game, a massage fundraiser, an interdisciplinary employment fair, a clothing sale, a very competitive ping pong tournament, and of course, graduation.

- Phi Theta hosted a summer picnic and a ropes course for the first-year students.
- Shannon Flood was an educational programming usher at the Physical Therapy 2006: Annual Conference and Exposition in Orlando, FL.
- The Program is sponsoring a Health Careers Camp for high school students this summer.

## New Phi Theta Officers

*President:* **Sara Ebel** (ssebel@wisc.edu)

*Vice President:* **Holly Floerke** (hafloerke@wisc.edu)

*Secretary:* **Jesse Schulz** (jschulz2@wisc.edu)

*Treasurer:* **Ginna Irwin** (girwin@wisc.edu)

*Class Representatives:* **Lindsey Dold** (lindseybd@hotmail.com) **Ian Metzgen-Ohlswager** (metzgenohls@wisc.edu)

Feel free to contact these officers if you are interested in clothing or any Phi Theta events.

## New MEDiC Officers

*Southside Clinic:*

**Emily Jaehnig** (ecjaehnig@wisc.edu)

**Lori Boeckeler** (boeckeler@wisc.edu)

*Michele Tracy Clinic:*

**Carrie Barrett** (cabarrett@wisc.edu) and

**Jill Chamberlain** (jachambe@wisc.edu)

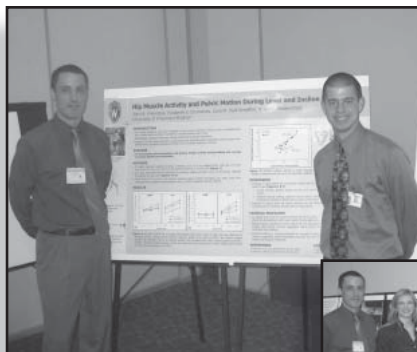
*ARC House:*

**Sonya Rowe** (sonyarowe@wisc.edu) and

**Alena Janny** (janny@wisc.edu)

*Supplies:* **Ginna Irwin** (girwin@wisc.edu).

Contact these officers if you are interested in helping out in these clinics or in donating supplies.



Dr. Heiderscheit and John Pulkrabek next to their poster at the WPTA Spring Conference.



Dr. Heiderscheit, Amy Schubert, and Natalie Pellechia next to their poster at the WPTA Spring Conference.

Summer 2006

## Keep In Touch! We want to hear from you!

Name: \_\_\_\_\_

Name when you were a student (if different): \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Telephone: \_\_\_\_\_ FAX: \_\_\_\_\_

E-mail: \_\_\_\_\_

Year of Graduation: \_\_\_\_\_

News: \_\_\_\_\_

\_\_\_\_\_

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# Faculty News



Faculty member Valerie Clevenger advises Katie Walker as she assists Jamie Bockhop with the Lite Gait apparatus.

- **Bill Boissonnault** received tenure!
- Bill was elected to the Physical Therapy Foundation Board of Trustees.
- **Judy Dewane** obtained a Lite Gait partial body weight support training system, and a Smart Balance Master for platform posturography for the Neuromuscular Biomechanics Laboratory.
- Congratulations to **Julie and Marc Sherry** on the birth of Mason Marcus Sherry on April 9, 2006!

- **Lisa Steinkamp** was accepted into a PhD program in the UW-Madison's Department of Educational Leadership and Policy Analysis.
- **Jill Thein-Nissenbaum** successfully defended her doctoral proposal entitled "The Prevalence of Disordered Eating, Menstrual Dysfunction, and Musculoskeletal Injuries in Female High School Athletes."
- **Sue Wenker** was selected as co-editor of the Home Study Publications for the APTA Geriatric Section.

## Faculty Awards

- **Bill Boissonnault** was the recipient of the UW School of Medicine and Public Health's 2006 Dean's Teaching Award.
- **Jill Boissonnault** received the APTA Lucy Blair Award and the WPTA Mentor Award.
- **Reenie Euhardy** received the APTA Section on Geriatrics Clinical Excellence Award.

## Faculty Grants

**Bryan Heiderscheit** received an NIH K12 – Mentored Clinical Scientist Development Program Award for Training and Education to Advance Multidisciplinary (TEAM) Clinical Research in the amount of \$450,000. He will be a Clinical Research Scholar from 7/01/2006-6/30/2011 and will work with a multidisciplinary research team to develop effective interventions to prevent the development of frailty by first characterizing the neuromuscular causes of slow walking among healthy elderly, and then utilizing these approaches to understand the gait of impaired elderly.

## Faculty Publications

- **Boissonnault WG** and Goodman C. Physical therapists as diagnosticians: drawing the line on diagnosing pathology. *J Orthop Sports Phys Ther.* 36(6):351-353, 2006.
- Gurney B, **Boissonnault WG**, and Andrews R. Differential diagnosis of a femoral neck/head stress fracture. *J Orthop Sports Phys Ther.* 36(2):80-88, 2006.
- Badke MB and **Boissonnault WG**. Changes in disability following physical therapy intervention for patients with low back pain: dependence on symptom duration. *Arch Phys Med Rehabil.* 87:749-756, 2006.
- Collaer J, McKeough M, and **Boissonnault WG**. Isthmic lumbar spondylolisthesis detection with palpation: an assessment of reliability and validity. *J Manual Manipulative Physiol Ther.* 4(1):22-29, 2006.
- **Boissonnault WG**, Morgan BJ, and Buelow JM. A comparison of two strategies for teaching medical screening and patient referral in a physical therapist professional degree program. *Journal of Physical Therapy Education.* 20(1):28-36, 2006.
- Phillips SA, Olson EB, Lombard JH, and **Morgan BJ**. Chronic intermittent hypoxia alters norepinephrine reactivity and mechanics of skeletal muscle resistance arteries. *Journal of Allied Physiology.* 100:117-1123, 2006.
- Dopp JM and **Morgan BJ**. Cardiovascular consequences of sleep disordered breathing [invited review]. *J Cardiopulm Rehabil.* 26:123-130, 2006.
- Thelen DG, Chumanov ES, Sherry MA, and **Heiderscheit BC**. Neuromusculoskeletal models provide insights into the mechanisms and rehabilitation of hamstring strains. *Exercise and Sports Science Review.* (in press).
- **Heiderscheit BC** and Sherry MA. What effect does core strength and stability have on injury prevention and recovery? In MacAuley D and Best T (eds), Evidence-based Sports Medicine (2nd Ed). BMJ Books: London. Release date: September 2006.
- **Dewane JA**. Inflammatory and infectious disorders of the brain. In: Umphred DA. Neurological Rehabilitation (5th edition) Elsevier Press (Mosby). Release date: October 2006.

## Faculty Abstracted Presentations

- **Boissonnault WG, Bryan J, Euhardy R, Backus P, Schultz A.** Understanding beliefs associated with thrust joint manipulation and professional degree physical therapist student training. Annual Conference Proceedings, 2006.
- **Badke MB and Boissonnault WG.** Changes in disability following physical therapy intervention for patients with low back pain: dependence on symptom duration. Annual Conference Proceedings, 2006.
- **Reicheter A, Boissonnault WG, Peters B, Chesbro S, Hallisy K, Wilson S, and Steinkamp LA.** Enhancing cultural competence of physical therapy students: a shared diversity project between Howard University and University of Wisconsin-Madison. Annual Conference Proceedings, 2006. Accepted December 2005. (This abstract was one of four abstracts that the APTA Annual Conference Program Committee recognizes and highlights for best representing peer-review criteria and the APTA's Vision).
- **Plisky MS, Rauh MJ, Heiderscheit BC, Underwood FB, and Tank RT.** The incidence and risk of lower extremity injury among high school cross country runners. *Journal of Orthopaedic and Sports Physical Therapy* 36:A81, 2006.
- **Plisky MS, Rauh MJ, Heiderscheit BC, Underwood FB, and Tank RT.** Risk factors for medial tibial stress syndrome among high school cross country runners. *Journal of Orthopaedic and Sports Physical Therapy* 36:A81, 2006.
- **O'Leary K, Anderson Vorpahl K, and Heiderscheit BC.** Cushioned insoles reduce impacts during running. *Journal of Orthopaedic and Sports Physical Therapy* 36:A83, 2006.
- **McClinton S, Donatell G, Weir JP, and Heiderscheit BC.** Knee flexion angle does not influence quadriceps timing during stepping in individuals with patellofemoral pain. *Journal of Orthopaedic and Sports Physical Therapy* 36:A71, 2006.
- **Pellecchia N, Schubert A, and Heiderscheit BC.** Animated rehabilitation exercises: an adjunct to home exercise programs. Wisconsin Physical Therapy Association Spring Conference, Wisconsin Dells, WI, April 2006.
- **Pulkrabek J Chumanov ES, Wall-Scheffler CM, and Heiderscheit BC.** Hip muscle activity and pelvic motion during level and inclined gait. Wisconsin Physical Therapy Association Spring Conference, Wisconsin Dells, WI, April 2006. Best Research Poster - Honorable Mention.
- **Whittington B, Silder A, Heiderscheit BC, and Thelen D.** Passive elastic joint moments during human walking. Dynamic Walking Meeting, Ann Arbor, MI, May 2006.
- **Chumanov ES, Thelen DG, Sherry MA, and Heiderscheit BC.** Anterior pelvic tilt increases hamstring stretch during sprinting. American College of Sports Medicine, Denver, CO, May 31-June 3, 2006.
- **Chumanov ES, Heiderscheit BC, and Thelen DG.** Effects of speed on hamstring kinetics during sprinting. American Society of Biomechanics, Blacksburg, VA, September 2006.
- **Silder A, Whittington B, Heiderscheit BC, and Thelen DG.** The characterization of passive elastic joint moment-angle relationships in the lower extremity. American Society of Biomechanics, Blacksburg, VA, September 2006.
- **Whittington B, Silder A, Heiderscheit BC, and Thelen DG.** Lower extremity joint powers include passive elastic components during walking. American Society of Biomechanics, Blacksburg, VA, September 2006.

Carrie Zimmerman, (right) demonstrates goniometry during the High School Girls Careers in Health Care Day.

Emily Ganzkow-Wold (below), who organized this year's Wisconsin Student Conclave, talks to John Hendrickson, PT, one of the speakers.



# Faculty News

- Marcus NJ, Chesler NC, Phillipi NR, Gaarder AR, Olson EB, and Morgan BJ. Chronic intermittent hypoxia alters vascular function and structure in skeletal muscle resistance arteries. 2006 Experimental Biology Meeting abstracts [on CD-ROM]. FASEB Journal 20, Abstract #481.19, 2006.
- Dopp J, Reichmuth K, Puleo D, Hayes D, Skatrud J, and Morgan BJ. Vascular responses to hypercapnia in patients with obstructive sleep apnea. American Thoracic Society International Meeting, American Journal of Respiratory and Critical Care Medicine 173:A517, 2006.
- Bill taught a three-day course entitled "Screening for Medical Disease" in Siena, Italy.
- Jill Boissonnault taught a course on "Physical Therapy Management of the Obstetric Client" in Akron, OH.
- Judy Dewane and Kristi Hallisy presented at the Clinical Decision-Making in Vestibular and Balance Rehabilitation course June 1-3, 2006.
- Kristi Hallisy presented a talk on "Modalities and Manual Therapy for Pain Management" at the PM&R Pain Series June 2, 2006.

## Faculty Invited Presentations

### *APTA 2006 Combined Sections Meeting:*

- Bill Boissonnault presented "Competencies of Primary Care Physical Therapy."
- Reenie Euhardy presented at a round table on "Specialists Teaching Specialists: Creating a New Description of Specialty Practice."

### *WPTA Spring Conference:*

- Bill Boissonnault presented "Diagnostic Imaging for the Physical Therapist: Nice to Know or Need to Know and Screening for Medical Referral: The Gastrointestinal and Genitourinary Systems."
- Bryan Heiderscheit presented "Clinical Updates in Foot and Ankle Management."
- Jill Thein-Nissenbaum and Kristi Hallisy presented "The Knee: Examination and Treatment: What Does the Evidence Tell Us?"
- Sue Wenker co-presented a Clinical Instructor Workshop.
- Reenie Euhardy and Sue Wenker presented "The Patient with Dementia: What is the Evidence Guiding Rehabilitation?" to Clinical Instructors at Covenant in Milwaukee in February, and in Madison in May.
- Bryan Heiderscheit presented "Video Gait Analysis" at the UW-Madison Sports Medicine Symposium.
- Barb Morgan gave a presentation entitled "Vascular Effects of Intermittent Hypoxia" at the Safety Pharmacology in Human Pharmaceutical Development Conference held at Covance Laboratories in Madison on May 18, 2006.
- Lisa Steinkamp spoke on "The Art of Collective Decision-Making and Collaborative Problem-Solving" to the TEAM Scholars.
- Jill Thein-Nissenbaum taught a course entitled "The Shoulder: An Update" to the Midwest Rehabilitation Network in Mequon, WI.
- Jill spoke on "Updates on the Female Athlete Triad" at the next WPTA Southwest District meeting.

### *Other:*

- Bill Boissonnault taught "Medical Screening as Part of Differential Diagnosis" to the Kansas Physical Therapy Association; the University of Chicago Hospital; and the University of San Francisco and Samuel Merritt College Physical Therapy DPT programs.
- Bill taught "Medical Screening for the Physical Therapist--Clinical Communication: Keys to Successful Physical Therapist Practice" to Results Physiotherapy in Nashville, TN.
- Bill taught "Differential Diagnosis for the Physical Therapist" to the Columbia University DPT Program.
- Bill taught "Diagnostic Imaging for the Physical Therapist: Nice to Know or Need to Know?" to the Wichita State University Department of Physical Therapy.



Dr. Boissonnault receives a UW School of Medicine and Public Health Dean's Teaching Award.

**Mary (Gresbach) Van Hoorn (1960):** My husband, David, died last year from Parkinsons Disease. I have 9 grandchildren and love Maine. I'm working part-time in nursing homes 4-5 hours a week and still love physical therapy. I would love to connect with PTs from my class like Kathy Menke, Sara Shinbach, and others!

**Elizabeth (Gresnik) Smith (1989):** I co-authored a book entitled Pilates for Rehab, published by OTPT in October 2005. This book takes an evidence-based approach in incorporating Pilates exercises into a rehabilitation setting.

**Rob Hollander (1998):**  
**Scott Weber (1998)**  
and I opened our own private practice in Bend, OR this spring. Our clinic focuses on one-on-one physical therapist care for 60-90 minute treatments, with specific focus on orthopedic spinal conditions as well as all other orthopedic injuries. We have spent the last three years pursuing our manual therapy certifications through the North American Institute of Orthopedic Manual Therapy with over 200+ hours of continuing education each. Our clinic is specifically designed to facilitate a comfortable and warm environment for healing, and we continue to monitor current research in combination with our clinical experience to increase the standard of physical therapy care.

**Halima Ahmadu (1999):** I am getting married this fall and moving to San Francisco, CA. I just finished Kaiser Permanente's Fellowship Program in Manual Therapy.

Watch for **Pam Barrett (1994)** and **Beth Kille (2000)**, as they rise to stardom in the music industry!

## **UW System Consortial Transitional DPT at the University of Wisconsin-Milwaukee**

The University of Wisconsin-Milwaukee is developing a transitional Doctor of Physical Therapy (DPT) degree.

The program is designed in two modules: a core and a set of electives. Students must complete the 15-credit core regardless of date of graduation or highest earned degree. The program will require 30 credits if transitioning from a Master's degree to a DPT, and 45 credits if transitioning from a Bachelor's degree to a DPT. The total number of electives required

will be determined by the admissions committee, who will consider transfer credits from the student's entry-level and/or post-professional degree(s) on admission to the program.

The first course in the program, Clinical Radiology, will be offered in the summer of 2006. The program plans to offer three additional courses this fall: Evidence-Based Practice (3 credits), Pharmacology (2 credits) and Professional Issues Seminar (1 credit).

The program continues to go

through the approval process on the UWM campus. Admission to the program is still in review. Until such time as admission criteria and processes are finalized, students will be able to enroll as special students in the courses listed. The full curriculum, including a schedule of classes for both the core and electives, as well as links to tuition and application processes, are available on the program website at [www.dpt.uwm.edu](http://www.dpt.uwm.edu). The web site will be updated regularly with additional information as the program matures.

If you have questions about the program not addressed by the web site or want additional information, please contact your fellow Badger, **Kathryn Zalewski, PT, PhD (1986)** at (414) 229-3367, or electronically at [zalewski@uwm.edu](mailto:zalewski@uwm.edu).

### **Congratulations to the following alumni for their recent specialization certifications:**

**Nancy Galloway Droege, PT, OCS**

**David Allen Groh, PT, SCS**

**Gregg Kaplan, PT, SCS**

**Rhondi Miller, PT SCD**

**Ann H. Newstead, PT, GCS, NCS**

## I would like my funds to go towards...

- The Physical Therapy General Fund
- The Visiting Lecturer Fund
- The Margaret Kohli Scholarship Fund
- The Jean L. Roland Scholarship Fund
- The Barbara Ellen Gerlich-Hoefeyzer Scholarship Fund
- The PT Student Scholarship Fund
- The Mary McKinney Edmonds Minority Recruitment Fund

Please make checks out to  
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- The Amelia Doyan Scholarship Fund
- The Caroline, Clara and Charles, Mildred Harper Scholarship Fund

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- The Phi Theta General Fund
- The Phi Theta Conference Scholarship Fund
- The Miami Marquette Challenge
- The Phi Theta Community Outreach Program
- The Phi Theta Student Resources Fund

Please make checks out to Phi Theta.  
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Please check here if you prefer your name not be published as a donor.



# In Touch

University of Wisconsin-Madison Physical Therapy Program  
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# Donor Gifts

We would like to show our appreciation to the following individuals and businesses who made donations to the University of Wisconsin–Madison Physical Therapy Program during the past year.

We are grateful for your contributions and recognize that many of the Program's facility improvements, activities, and scholarships would not be possible without you!

Thank you!

## **DONOR GIFTS FROM JUNE 1, 2005 - MAY 31, 2006**

### **\$1,000.00 - \$5,000.00**

Gerald J. and Kay S. Bizjak  
Jennifer M. Bottomley  
Suzann K. Campbell  
Pamela F. Carlson  
Richard L. and Catherine S. Easterday  
Daniel R. and Jennifer L. Wade

### **\$500.00-\$999.00**

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Benedict L. Gierl and Karla R. Hayter  
Kathryn K. Johnson  
Warren W. May\*  
Pamela R. Morrison  
Leon H. and Mary L. Stutzman

### **\$250.00-\$499.00**

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