

in touch with the

UNIVERSITY OF WISCONSIN PHYSICAL THERAPY PROGRAM • ALUMNI NEWSLETTER

The Twilight Zone



Phi Theta celebrated National PT Month by holding the second annual Fun Run fundraiser on October 21, 1999. This year's race, held at twilight and renamed the "Dusk Run," involved over 130 runners, walkers, and wheelchair participants. The race ended with smiling faces and raised over \$900.



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Program News



Dear Alumni:

I hope the new year/millennium finds you healthy and happy. We are pleased to announce that the Board of Regents approved the Master of Physical Therapy (MPT) degree in October, 1999, and our first class of master's degree students graduated in

December. The transition from a baccalaureate to a professional master's degree program and our administrative integration into the Medical School are finally complete! Now the Program is busy writing a self-study in preparation for The Commission on Accreditation in Physical Therapy Education's (CAPTE) visit in October, 2000.

The Admissions Committee decided to drop the Program's calculus prerequisite after concluding that physics, biomechanics and the GRE are reliable filters for math competencies. Prerequisites that remain are two semesters of chemistry, physics, courses in animal biology, biochemistry, statistics, biomechanics, human physiology, and exercise physiology. We offered admission to 19 early admission applicants on December 15, 1999, and had a chance to get to know them at a "Meet the Program" session in January. Twenty-one additional eligible applicants will be offered admission after the February 1, 2000 application deadline.

The Program is currently recruiting an Assistant/Associate Professor (tenure) with either a neurological or orthopedic background. Information on this position can be obtained from Barbara Morgan at morgan@surgery.wisc.edu, (608) 262-0013 or Lisa Steinkamp at steinkam@surgery.wisc.edu, (608) 263-9427.



Our first class of master's degree students graduated in December 1999. From left: students Anna Rottino, Beth Kille, David Nissenbaum, Christine Misora, Rima Zikas, and faculty member Kristi Hallisy.

For the latest Program updates, student and faculty activities, and alumni news, please visit our new website at www.surgery.wisc.edu/pt. We'll be "in touch" in another six months; until then, here's wishing you a fulfilling 2000!

All the best,



UNIVERSITY OF
WISCONSIN-MADISON
MEDICAL SCHOOL

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Reunion 2001 Update

Thanks to all the alumni who returned the survey regarding the all-class reunion in October, 2001! We received close to 200 responses. The results indicated that the majority of alumni would like to attend a football game and tailgate brunch. It looks like over 100 of you will be needing hotel rooms so we are busy blocking rooms. Twenty-four of you

are willing to be on the planning committee and I will be contacting you next fall for some assistance. One thing I forgot to ask was whether you would be bringing guests to this event so on this issue's Keep in Touch form, you will find a reunion update form. Please fill this out and send it back so we can try to acquire the correct number of tickets and have ample food available!



Research Proposals

Judy Dewane and **John McCarthy** are co-investigators, along with Jane Mahoney, MD, Nancy Ahmann, OTR, and Janet Ruhland, PT, on a research proposal submitted to Meriter Hospital's Institutional Review Board entitled "A Randomized Trial of Standing versus Seated Progressive Resistive Training to Improve Strength, Physical Performance and Balance for Older Adults."

Lisa Steinkamp co-authored and submitted a grant entitled the "Wisconsin Interdisciplinary Program for Healthy Rural Seniors," which will allow PT students to participate in the development and implementation of an interdisciplinary health promotion and illness prevention model to prevent frailty in the rural elderly population.



Publishing

Recent journal articles and book chapters written by our faculty include:

Arabi Y, **Morgan BJ**, Goodman B, Puleo DS, Xie A, Skatrud JB. Daytime blood pressure elevation following nocturnal hypoxia. *J Appl Physiol* 1999;87:689-698.

Euhardy MA. Contractures. In: Kauffman TL, ed. *Manual of Geriatric Rehabilitation*. Scottsdale, AZ: W.B. Saunders; 1999.

Miller BF, Gruben KG, **Morgan BJ**. Circulatory responses to voluntary and electrically induced muscle contractions in humans. *Phys Ther* 2000;80:53-60.

Skatrud JB, Badr MS, **Morgan BJ**. Control of breathing during sleep and sleep disordered breathing. In: Altrose M, Kawakami Y, eds. *Control of Breathing in Health and Disease*. New York: Marcel Dekker, Inc; 1999:379-422.

St. Croix CM, Satoh M, **Morgan BJ**, Skatrud JB, Dempsey JA. Role of respiratory motor output in within-breath modulation of muscle sympathetic nerve activity in humans. *Circ Res* 1999;85:457-469.

In addition, **Jill Thein's** clinical commentary on treatment of the patellofemoral joint, entitled "Alternative Approaches for Treating Patients with Chronic PFSS," was recently published in the APTA's Sports PT Section newsletter. Jill is co-author of a recently published home study course entitled "The Female Athlete," and also reviewed the text "Complementary Sports Medicine" for the *Journal of Orthopaedic and Sports Physical Therapy*.



Outreach

Mark Erickson continues to develop a Performing Arts Outreach Program in collaboration with UW Health.

Barbara Morgan and **Jill Thein** participated in "Expanding Your Horizons: A Day of Career Exploration Activities in Science, Engineering, and Mathematics for Young Women in Middle School" in November. Nine female students in the Program participated as well.



Mentoring

John McCarthy headed up another Certified Strength and Conditioning Specialist (CSCS) study group. The first study group was organized last summer and consisted of students interested in sitting for the CSCS exam. John traveled with the students to the pre-conference review course at the National Strength and Conditioning Association's conference in Kansas City in June, after which students took the exam to become certified.

Kristi Hallisy continues to mentor students in the UWHC Orthopedic Clinic and works closely with the UWHC/Meriter Hospital Postprofessional Orthopedic PT Clinical Residency Program, initiated by Bill Boissonnault, DPT (Class of 1997). Residents work with Kristi and **Mark Erickson**, and participate in the Program's course on Current Issues in Rehabilitation Research.



Leadership

Jill Thein has assumed the chair position on the Nominating Committee for the APTA Sports PT Section.



Presentations

Reenie Euhardy participated in a symposium in November at the Geriatric Society of America conference in San Francisco, where she presented her research on "Activity in Hospitalized Elderly Patients."



Education

Julie Sherry completed her Master of Science degree in Kinesiology in December. Her master's thesis was entitled "The Effects of Burst Mode TENS on Peripheral Vascular Resistance in Humans." Julie presented her thesis at the Combined Sections Meeting in February, 2000.

Student News

The Class of 1999 completed their final internships and were welcomed by the faculty as colleagues at a Boards celebration party. Meanwhile, the second-year students have done a great job orienting the first-year students to the year's planned events through the Big Brother/Big Sister Program and the Phi Theta Student Service Organization.

The students also organized an October social for National PT Month. Students applied their marketing savvy and raised over \$1000 through Bucky Book sales.



Above: Students in the Neuromusculoskeletal Bases of Movement class analyzed video images of human motion and presented their research data in poster format.

Left: Chai Rasavong makes a friend during a recent Baby Lab.



And...many thanks to alumni for supporting another very successful clothing sale! Money from all these events was donated to the Miami-Marquette Challenge, the Phi Theta Community Outreach Program, the Conference Scholarship Fund, and the Dystrophic Epidermolysis Bullosa Research Association. The students also held a massage fundraiser in November, where an additional \$1000 was raised. As a result, seventeen students from the Program attended the Fall WPTA conference in La Crosse.

First-year student Kirstin Lofgren participates in a pulmonary function test as part of a lab in the Cardiovascular and Pulmonary Aspects of Physical Therapy Treatment class.

The students have continued to participate in the Medical School DOC (Doctors Ought to Care) outreach program, as well as their own outreach program by speaking to students in local schools and UW undergraduates about the PT profession.

Students are currently busy collaborating with the Blackhawk Technical College PTA Program to organize a Wisconsin Student Conclave, to be held at Union South on the UW-Madison campus February 19, 2000. The agenda consists of such topics as "Hiring/Benefits," "Cultural Issues," "Opening Your Own Practice," "PT Recruiting/Traveling PT," "Acupuncture," "Yoga," "Legal Issues," "Pet Assisted Therapy," and "PT Role in Animal Rehabilitation."



More Alumni Keep In Touch!

Leon Stutzman, MA, PT (1949): I retired in 1992 from private practice in Monterey. I continue to enjoy vocal music and continue to sing with a quartet and several choirs. This leaves me time for a good deal of travel.

Katherine (Kathy) Menke Scott (1960): When I read of a possible reunion of my class in 2001, it inspired me to write and promise my attendance. Except for three years living in Europe, I too have worked full-time since 1960 as a PT. I now work in Home Health for the Michigan Visiting Nurses.

Sara J. (Green) Thompson (1963): I will look forward to hearing more about the reunion in 2001 and hope to attend.

Margaret Hall Batalden (1965): I have two children, a boy and a girl both living in the Denver area. I am currently working and living in Tempe, AZ. I would love to have a PT class reunion.



The Class of 1974 held a reunion bash on the weekend of October 15–17, 1999. Thanks to the organization (not to mention enthusiasm) of Elaine Boyer, it was an enormous success!

Charlene (Johnson) Flynn (1976): I have three children (16, 13, and 10). I have worked in pediatrics in Madison, WI, Palatine, IL; Charlottesville, VA; and Chesterland, OH. I am now in an infant/toddler program in Montgomery County, MD.

Sally Fitzgerald (1977): I have enjoyed the *In Touch* publication the last couple of years. I graduated in 1977, and have not been in touch with fellow graduates since my first year out. I went to Alaska for 12 years, then eventually settled in Oregon. I am still working full-time, trying to change lives one at a time. My clinical advisor in 1977 was Margaret Kohli. She made quite an impression on me. Mary Jane Meng and Janet Lemke were a couple of the instructors at the time.

Maren Larson Jones (1978): Ruth Larson, Maren's mother, writes us that Maren is "Physiotherapist in Charge" at Illawara Area Hospital in Australia. "Marnie" has presented and published many papers in prosthetic and orthotics, and was recently appointed to be a PT at the sailing venue for the pre-Olympic sailing at the Sydney Yacht Club, preparing for the 2000 Olympics in Sydney. She has also assisted with the para-Olympics, helping with sailing and surfing. Marnie and her husband have four children between the ages of 10 and 20.

Janet Ruhland, PT
(Class of 1980) is a 1999 recipient of a
Foundation for Physical Therapy
Mary McMillan Doctoral Scholarship.
Congratulations, Janet!

Jean (Ammel) Kahl (1979): I am into my next career as a small business owner and publisher of health patient education materials. I still love PT!

Jolene (Wanke) Daulton (1987): I am a mother of four children: (Ryan, 5; Mckenna, 3; Jaron, 2; and Devon, 6 months). I started my own home-based business as a PT consultant in UR in 1995 but am currently not working—I am raising family full-time! I will be making the move back to Wisconsin from Colorado in 2000!

Sue (Otters) Smith (1987): I became a certified functional manual therapist through the Institute of Physical Art Certification exam in August 1999.

Catherine VanNatta Jones (1988): Since graduation, I have worked in acute care, neuro rehab and outpatient orthopedics. Presently, I am staying home with our three kids.

Leslie J. Waltke, PT (1988): I am the founder and director of the Milwaukee Center for Breast Cancer Rehabilitation, southeast Wisconsin's only physical therapy clinic solely dedicated to the breast cancer patient.

Julie (Jenkins) Derr (1992): My first child, Ava Marie Derr, was born 5/25/99. I am currently on maternity leave.

Jill (Schuerman) Fons (1992): I am currently working part-time at a pediatric rehab hospital. I moved one year ago from Madison to the Buckeye State following my husband's long-awaited PhD. I am the mother of one (Nicole, 2) with one on the way.

Michelle (Ley) Johnson (1992): I was married in 1995 to Jim Johnson and in May 1999, we had our first child, daughter Michaela Grace. I have worked the past several years in a hospital, outpatient clinic, nursing home, and now am working as a pool therapist at Waukesha Memorial Hospital.

Geoffrey Kaplan (1992): I am engaged to be married May 28, 2000. I am working for the Tennessee Titans as an athletic trainer and physical therapist.

Joel Rolefson (1997): I am currently working in OP ortho for Back In Action and Pro Fitness and Rehab in the Milwaukee area. My wife Peggy and I have two children, Sarah (18 months), and Matthew (3 months).

Robynn (Poppe) Wilhelmi (1998): I am working limited hours (15–20) at an outpatient clinic in Wauwatosa, WI.

Tracy Wisnefske (1998): I got married on 8/21/99 to Chris Severson.

Don't forget to send any changes in name, mailing or email address, phone or fax number to Pat Mecum, Program Secretary, 5185 MSC, 1300 University Ave., Madison, WI 53706



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Keep in touch! We want to hear from you!

Name: _____

Name when you were a student (if different): _____

Address: _____

Telephone: _____ FAX: _____

E-mail: _____

Year of Graduation: _____

News: _____

I plan on attending the 2001 reunion: Yes NO
I will have _____ guests.

Mail to:
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The Miami Marquette Challenge

The Phi Theta Community Outreach Program

The Phi Theta Student Room

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