

# in touch with the

UNIVERSITY OF WISCONSIN PHYSICAL THERAPY PROGRAM • ALUMNI NEWSLETTER

## Oh, Baby!



Physical therapy students enjoy getting hands-on assessment experience in the Healthy Baby Lab and Healthy Toddler Lab. The labs are part of the *Management of Children with Motor Control Dysfunction* class.



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# Program News



We're so glad to be back *in touch!* I am pleased to announce several very significant changes that have occurred since you last heard from us. First of all, the Physical Therapy Program has moved from the Department of Kinesiology in the School of Education to the Department of Surgery in the Medical School. Many new

resources and opportunities are provided by our new administrative home, which will become apparent as you read this newsletter.

Secondly, our final class of undergraduate physical therapy students will graduate in December of this year; we are now a professional master's degree program. Our second class of graduate students began this past June. The graduate program offers greater breadth and depth in curricular content, as well as an additional 6 weeks of clinical experience (see the new Sequence of Courses on the opposite page). Admission criteria for the graduate program have been

broadened (see the article below), and this year, we are instituting an early admissions process. In addition, Barbara Leudke, PT (class of 1973) has joined our Admissions Committee.

Another program change is the hiring of many new faculty members, thanks to our Medical School resources. The faculty in its entirety is featured in this issue. For more information on the PT program, visit our website at [www.medsch.wisc.edu/pt](http://www.medsch.wisc.edu/pt). Keep in mind that we always enjoy hearing from you and welcome your feedback! We thank you for your continued loyalty and enthusiastic support of the UW-Madison Physical Therapy Program. You can expect to receive a newsletter from us on a biannual basis; please feel free to contact me with any questions, comments, or suggestions in the meantime!

Sincerely,

## ***New Admissions Process for the Professional Master's Program***

Eligible applicants complete a bachelor's degree from an accredited college or university, fulfill specific prerequisite course work, take the Graduate Record Exam (GRE), and have patient care experience under the supervision of a licensed physical therapist. Selection is based upon academic and nonacademic factors. Admission occurs once per year. Each admitted class consists of a maximum of 40 students who begin the professional program in the summer session.

Selection is based upon a priority score for each applicant on the basis of both academic and non-academic factors. The applicant's academic score is based on the GRE score (30%), grade-point average (GPA) for the prerequisite science courses (15%), and GPA for the last 60 semester hours of college courses excluding the prerequisite science courses (15%). The Graduate School requires that the GPA for the last 60 semester hours of undergraduate degree courses be a minimum of 3.0.

The applicant's nonacademic score (40%) is based on the information relating to professional behaviors found in three letters of recommendation, patient care experience forms, and the personal essay. Professional behaviors are defined as the physical-therapy specific generic abilities: commitment to learning, interpersonal skills, communication skills, effective use of time and resources, use of constructive feedback, problem-solving, professionalism, responsibility, critical thinking, and stress management.

The selection process is performed by the Admissions Committee, which consists of the program faculty and two local area clinicians. The Committee members review and rate the non-academic factors for each applicant according to a standardized plan. Final scores are calculated, and applicants are ranked and selected based upon final rankings.

# Program News

## Physical Therapy Program Sequence Of Courses

### Semester 1 (Summer)

ANA 437	Human Anatomy (Dr. Bersu)	6 credits
		<b>Total 6 credits</b>

### Semester 2 (Fall)

ANA 637	Functional Neuroanatomy (Dr. Sievert)	3 credits
PT 523	Cardiovascular and Pulmonary Aspects of PT Treatment (Dr. Morgan)	3 credits
PT 527	Foundations of Physical Therapy Practice (Erickson/Hollman)	3 credits
PT 538	Seminar in Professional Issues I (Steinkamp/Thein)	1 credit
PT 640	Scientific Inquiry in Physical Therapy (Dr. Morgan)	2 credits
		<b>Total 12 credits</b>

### Semester 3 (Spring)

PT 521	Physical Agents in Rehabilitation (Erickson/Hallisy/Hollman)	3 credits
PT 534	Principles of Therapeutic Exercise (Hallisy/Thein)	3 credits
PT 539	Seminar in Professional Issues II (Steinkamp/Thein)	1 credit
PT 634	Neuromusculoskeletal Bases of Movement (Dr. McCarthy/Dewane/Hallisy)	3 credits
PT 641	Current Issues in Rehabilitation Research [or PT 642 Research Practicum] (Dr. McCarthy)	1 credit
		<b>Total 11 credits</b>

### Semester 4 (Fall)

PT 522	Musculoskeletal Assessment and Treatment I (Hallisy/Dr. McCarthy)	4 credits
PT 540	Seminar in Professional Issues III (Steinkamp/Thein)	1 credit
PT 635	Management of Children with Motor Control Dysfunction (Dewane/Euhardy)	4 credits
PT 665	Physical Therapy Management Strategies (Erickson)	1 credit
PT 642	Research Practicum [or PT 641, Current Issues in Rehabilitation Research] (Dr. Morgan)	1 credit
		<b>Total 11 credits</b>

### Semester 5 (Spring)

PT 512	Principles of Professional Practice and Administration (Steinkamp)	3 credits
PT 541	Seminar in Professional Issues IV (Steinkamp/Thein)	1 credit
PT 677	Musculoskeletal Assessment and Treatment II (Dr. McCarthy/Erickson)	4 credits
PT 636	Management of Adults with Motor Control Dysfunction (Dewane/Euhardy)	4 credits
		<b>Total 12 credits</b>

### Semester 6 and 7 (Summer and Fall)

PT 650	8-week Clinical Internship (Thein)	2 credits
PT 651	8-week Clinical Internship (Thein)	2 credits
PT 652	8-week Clinical Internship (Thein)	2 credits
		<b>Total 6 credits</b>

# Faculty News

## Who's Who?

We thought you might like to “meet” the UW–Madison Physical Therapy Program’s faculty and staff via the sketches below. Warren May, PT, MPH, retired on June 30, 1998. We will miss him but wish him well and thank him for his 10 years of contributions to the UW–Madison PT Program.



*Edward Bersu, PhD*

Dr. Bersu received his BA from the University of Minnesota–Duluth, and his PhD in Anatomy from UW–Madison. His research interests involve studies of a mouse model for Down’s Syndrome. He teaches *Gross Human Anatomy* to PT and OT students during the summer semester.



*Judith Dewane, MS, PT, NCS*

Judy received a BS in Physical Therapy from Marquette University, and an MS in Neurologic PT from the University of Indianapolis. Her clinical interests include vestibular rehabilitation, balance retraining, and motor learning. Judy teaches *Management of Children with Motor Control Dysfunction*, *Management of Adults with Motor Control Dysfunction*, and coinstructs *Neuromusculoskeletal Bases of Movement*.



*Emily Doherty*

Emily Doherty is the program assistant to the academic advisor. She helped with the transition from the School of Education to the Medical School, and with the upgrade to

a master’s degree program. Emily also assists in the admissions process, including recruitment efforts, and helps to coordinate the annual visiting lecturer event.



*Cindy Dunne*

Cindy is the clinical education secretary and program assistant to the academic coordinator of clinical education. She provides administrative support for processing and monitoring clinical education affiliation agreements, and maintains files on clinical education facilities, student scholarships, and employment opportunities. Cindy also assists Phi Theta with the annual Physical Therapy Career Fair and other fundraisers.



*Mark Erickson, MA, PT*

Mark earned his BS in Physical Therapy from UW–La Crosse and an MA in Higher Education from the University of Minnesota. His primary teaching responsibilities include *Foundations of Physical Therapy Practice*, *Physical Agents in Rehabilitation*, and *Physical Therapy Management Strategies*. He is also a coinstructor in *Musculoskeletal Assessment and Treatment II*.



*Maureen Euhardy,  
MS, PT, GCS*

Reenie Euhardy received her BS in Physical Therapy from UW–Madison in 1978, and an MS in Therapeutic Science from UW–Madison. For the past 10 years, Reenie has specialized in treating geriatric patients at the William S. Middleton Veterans Administration Hospital. She will continue

her position there part-time while coteaching *Management of Children with Motor Control Dysfunction* and *Management of Adults with Motor Control Dysfunction*.



*Kristine Hallisy, MS, PT*

Kristi received a BS in Physical Therapy from UW–Madison in 1984, and an MS in Kinesiology from the University of Michigan. Her clinical interests include biomechanics and kinesiology, functional training, and prevention education. Kristi teaches *Musculoskeletal Assessment and Treatment I* and *Principles of Therapeutic Exercise*, and is a coinstructor in *Physical Agents in Rehabilitation* and *Neuromusculoskeletal Bases of Movement*.



*John McCarthy, PhD, PT*

Dr. McCarthy received an undergraduate degree in Physical Education and Health, as well as MS and PhD degrees in Exercise Physiology from UW–Madison. He received an MS in Physical Therapy from Texas Women's University. His research interest is the physiology of resistance exercise training. Dr. McCarthy teaches *Neuromusculoskeletal Bases of Movement* and *Musculoskeletal Assessment and Treatment II*. He also coordinates *Current Topics in Rehabilitation Research* and is a coinstructor in *Musculoskeletal Assessment and Treatment I*.



*Patricia Mecum*

Pat is the secretary to the physical therapy program director, and program assistant to the physical therapy faculty. She provides students with general information related to the program, collects consent release forms from students, provides building passes, and collects any information from students and alumni related to changes of name and/or address.



*Barbara Morgan, PhD, PT*

Dr. Morgan received an undergraduate degree in Physical Therapy from the University of Kentucky, an MEd in Exercise Science from Colorado State University, and a PhD in Exercise Physiology from UW–Madison. She received postdoctoral research training in cardiovascular physiology at the University of Texas Southwestern Medical School. Her research interest is neural control of circulation with emphasis on cardiovascular regulation during sleep. Dr. Morgan teaches *Cardiovascular and Pulmonary Aspects of Physical Therapy Treatment*, *Scientific Inquiry in Physical Therapy*, and coordinates the *Research Practicum*.



*Julie Sherry, PT*

An alumnus of the 1995 UW–Madison PT class, Julie coteaches *Foundations of Physical Therapy* and *Physical Agents in Rehabilitation*, works part-time at the UW Spine Clinic, and is completing a master's degree in Exercise Physiology.

# Faculty News



Carl Sievert, PhD

Dr. Sievert received an undergraduate degree in Biology from St. Olaf College, and a PhD in Anatomy from Loyola University. He directs the *Functional Neuroanatomy* course in the fall for first-year students.



Lisa Steinkamp, MS, PT, MBA

Lisa received a BA in Human Biology from Stanford University, an MS in Physical Therapy from Columbia University, and an

Executive MBA from UW–Madison. The director of the Physical Therapy Program, she teaches *Principles of Professional Practice and Administration* and coteaches the *Professional Issues in Physical Therapy* class series.



Jill Thein, MPT, ATC

Jill earned a BS from Iowa State University and an MS in Physical Therapy from the University of Iowa. She is the academic coordinator of clinical education, as well as a coinstructor in *Principles of Therapeutic Exercise* and the *Professional Issues* classes.

## 1997–98 Faculty Publications

**Dewane JA.** Documenting balance and functional outcomes: tips from the clinic. *Top Geriatr Rehabil.* 1997;13(1):23–32.

Ryd JL, Stoecker J, Haberkamp TJ, **Dewane J**, Peterson A. Functional outcomes in vestibular rehabilitation. *Phys Ther.* 1997;77:S82.

**Erickson M.** Sports Physical Therapy Section Home Study Course – 1997: Current Trends in Therapeutic Exercise for the Rehabilitation of the Athlete. The Feldenkrais Method: A Unique Perspective on the Enhancement of Human Function.

**McCarthy JP**, Bamman MM, Yelle JM, Yelle AD, LeBlanc AD, Rowe RM, Greenisen MC, Lee SMC, Spector ER, Fortney SM. Resistance exercise training and the orthostatic response. *Eur J Appl Physiol.* 76:32–40, 1997.

Katragadda S, Xie A, Puleo DS, Skatrud JB, **Morgan BJ.** Neural mechanism of the pressor response to obstructive and nonobstructive apnea. *J Appl Physiol.* 1997;83:2048–2054.

Badr MS, **Morgan BJ**, Finn L, Toiber FS, Crabtree DC, Puleo DS, Skatrud JB. Ventilatory response to induced auditory arousals during NREM sleep. *Sleep.* 1997;20:707–714.

Young T, Peppard P, Palta M, Hla KM, Finn L, **Morgan BJ**, Skatrud JB. Population-based study of sleep-disordered breathing as risk factor for hypertension. *Arch Intern Med.* 1997;157:1746–1752.

Hollman JE, **Morgan BJ.** Effect of transcutaneous electrical nerve stimulation on the pressor response to static handgrip exercise. *Phys Ther.* 1997;77:28–36.

Dempsey JA, **Morgan BJ.** Sleep apnea leads to chronic hypertension via intermittent hypoxia. In: Houston CS and Coates G, eds. *Women at Altitude* (proceedings of the 10th International Hypoxia Symposium). Burlington, Vt: Charles S. Houston; 1997:242–248.

Dempsey JA, Harms CA, **Morgan BJ**, Badr MS, Skatrud JB. Sleep effects on breathing and breathing stability. In: Crystal RG, West JB, et al, eds. *The Lung: Scientific Foundations*. Philadelphia, Pa: Lippincott-Raven Publishers; 1997:2063–2072.

**Thein JM**, Thein Brody L. Aquatic-based rehabilitation of the elite athlete. *J Orthop Sports Phys Ther.* 1998;27(1):32–41.



Lucy Wall, MA, CLS

Lucy joined the Physical Therapy Program in the fall of 1996 as academic advisor. She holds a bachelor's degree in Medical

Technology from UW–Eau Claire and an MA in Education–Postsecondary Student Development from the University of Iowa. She advises students interested in being admitted to the graduate Physical Therapy Program and manages the admissions process.

## A Message from Ed Bersu, PhD

Lisa Steinkamp mentioned to me the other day that some of you “Practicing PTs” were asking about that obnoxious gross anatomist who usurped so much of your time during that first semester of the PT program. She asked if I would write a few words to you, and I’m honored to do so!

How does one begin a letter like this? For starters, those who are following in your footsteps are still learning their anatomy. A big change was the shift of the course to the summer session last year (1997), in order to accommodate the transition to the master’s degree program in Physical Therapy (remember Anatomy 437....soon to be Anatomy 622?). Now there are 9 weeks to learn everything, instead of the 16 or 17 weeks of the fall semester! The course goes at a much faster pace, but there are not the “distractions” of other courses...remember histological/biomolecular chemistry? A number of students have commented that they enjoy the opportunity to devote their time completely to the subject. Of course, there are always going to be glitches when a shift like that is done, but I plan to have most of the little kinks ironed out in another year. In my opinion, we’re all still having a good time. And that’s most important.

Working with the medical students in their first year anatomy course, teaching a fourth year elective and a second year course in male and female reproductive systems, and participating in the undergraduate survey anatomy course takes the remainder of my time.

Visits to Norway are still the number one leisure time endeavor. Of course, a major reason for going on those trips is to provide relevant slides to present alongside some of those pictures of the rotator cuff, cruciate ligaments, etc.

A serious note. Many of you may be aware of a trend in schools across the country to replace cadaver anatomy with “computer anatomy” and virtual reality. We are involved in discussions relating to that type of a transition here at UW–Madison. My opinion is that the “high-tech” materials that are available and are becoming available provide an excellent adjunct to learning anatomy, but it cannot replace the experience of learning about human structure by carefully and thoughtfully separating the body parts on a cadaver. This is a sentiment that is shared by most, if not all, people on this campus, but I would ask that you keep yourself informed about these trends over the next few years. If you believe, as I do, that cadaver anatomy is an important part of the learning experience in physical therapy, you may be called on to express this opinion.

The above paragraphs probably constitute more than enough words for a “brief comment” from one of your former instructors. I hope that all of you are enjoying yourselves in your practices. If you get to UW-Madison, please stop by and say hello. If you have e-mail, my address is [etbersu@facstaff.wisc.edu](mailto:etbersu@facstaff.wisc.edu). It would be good to hear from you.

Best wishes,

# Student News

The class of 1998 is finishing up their final round of internships. And by the time you receive this newsletter, the first and second-year students will have conducted their first Fancy Feet Fun Run. We hope some of you could make it!



Physical therapy students Reggie Estrella (left) and Kohl Kershnik look over available clinical education sites during internship selection.

## Phi Theta Activities

As you probably ascertained from the Phi Theta Student Organization newsletter, the students have also become engaged in other fund-raising activities, such as the clothing and Pteaser calendar sale. Funds will go to the Miami-Marquette Challenge (which raises money for the Foundation for Physical Therapy grants, awards and scholarships), the Conference Scholarship Fund, and the Community Outreach Program.

If you would like to contribute to the Phi Theta Student Organization, you may do so by using the form that appears on the

back page of this newsletter. Phi Theta appreciates the alumni's support in helping them reach their goals!

## Conference Update

A record number of physical therapy students attended the WPTA Fall Conference in Appleton, Wis, and the Student Conclave in Cincinnati, Ohio. Thanks to those of you who contributed to the Conference Scholarship Fund to help defray the costs associated with conference travel and attendance!

## On the Horizon

Upcoming events for physical therapy stu-

dents include the massage fund-raiser, the Boards Party for the class of 1998, and the holiday party. Physical therapy students have continued their outreach efforts by teaming up with the medical students in the DOCS Program and by going out on their own to schools in an effort to educate other students about the PT profession.

## 1997-1998 Scholarship Recipients

- **Margaret Kohli Scholarship:** Sara Mockert
- **Jean Roland Scholarship:** Marisa Fontecchio
- **Wisconsin Physical Therapy Alumni Scholarships:** Heather Kattleman and Christine Misora
- **Barbara Ellen Gerlich-Hoefeyzer Scholarships:** Tonya Imdieke and David Nissenbaum
- **Amelia Doyan Scholarship:** Lauren Nelson
- **Caroline, Clara, Charles, and Mildred Harper Scholarships:** Julia Neppi and Stacey Place

## Visiting Lecturer Series Takes Off

Thanks to a generous gift to the UW Foundation by Mary Jane Meng, PT, a former faculty member, the Physical Therapy Program is now planning for its third annual visiting lecturer in the Visiting Lecturer Series. This year's lecturer will be Stanley Paris, PT, PhD, who will be visiting April 29–30, 1999. He will be speaking on a musculoskeletal topic of current interest.

Dr. Paris is the founder and chairman of the Institute of Physical Therapy at the University of St. Augustine for Health Sciences in St. Augustine, Fla.

He graduated from the New Zealand School of Physiotherapy in 1958 and received his Ph.D. in Anatomy from the Union Institute in Cincinnati, Ohio, in 1984. Dr. Paris is a noted author of more than 30 articles in physical therapy, medical, and osteopathic journals, and is currently active in spinal anatomy and joint mechanics research.

The first visiting lecturer was Shirley Sahrman, PhD, PT, FAPTA, from the Program in Physical Therapy at the Washington University School of Medicine in St. Louis, Mo. The highlight of Dr. Sahrman's visit to Madison in April 1997 was an evening lecture entitled "Movement

and Muscle Imbalances in Patients with Hemiplegia." This event was well attended by local clinicians, students and faculty members.

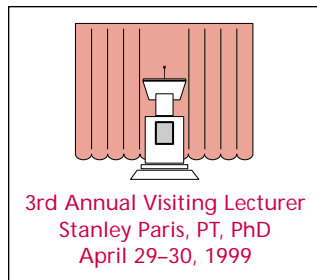
In addition, Dr. Sahrman presented a case study for physical therapy clinicians at UW Hospital, met with Therapeutic Science and Exercise Physiology graduate students about their research projects, and consulted with

the program faculty on curricular issues. All attendees were grateful to benefit from Dr. Sahrman's expertise!

Fay Horak, PhD, PT (class of 1973) and Senior Scientist of the R.S. Dow Neurological Institute in Portland, Ore, was the program's second visiting

lecturer. Her visit took place in April 1998. Dr. Horak's lecture on the clinical implications of her research in the area of balance control was well received by faculty, students and clinicians.

A highlight for the undergraduate students was the opportunity to discuss with Dr. Horak one of her recent papers on postural control, "New insights from research to the clinic for balance rehabilitation." Dr. Horak's visit also included meetings with graduate students and faculty regarding their research, and a case presentation at the UW Hospital Department of Physical Therapy.



## Julie Sherry, PT, Receives the 1998 Dorothy Briggs Award

Julie Sherry, PT, a 1995 graduate of the UW–Madison PT Program and new faculty member, was the 1998 recipient of the Dorothy Briggs Memorial Scientific Inquiry Award. This national award is given annually in recognition of the best paper, authored by a student, published in *Physical Therapy*. The Awards Committee described her paper as an "outstanding contribution to the physical therapy literature." Julie's paper is entitled "The effect of transcutaneous electrical nerve stimulation on the pressor response to static handgrip exercise" and can be found in the January 1997 issue of *Physical Therapy*.

If you would like to contribute to this annual event and prolong the Physical Therapy Visiting Lecturer Series, you may do so through contributions to the Visiting Lecturer Fund at the UW Foundation.

## Reunion 2000: Your Help Is Needed!

We would like to put together an alumni reunion for the year 2000. *If anyone is interested in serving on the reunion committee, please contact Lisa Steinkamp.*

We realize that it has been a while since you last received a newsletter; therefore, we felt that the best strategy would be to publish all the information we have collected over the last few years to “catch you up.” PLEASE update us on your current activities by sending in the form on the back page of this newsletter. We will include your information in the spring newsletter and will also provide further details on the reunion plans.

**Anne (Dillman) Kloos** (1980) is enrolled in a PhD program in Neurobiology at Cleveland State University. Her doctoral work is being supported by a Doctoral Research Award from the Foundation for Physical Therapy. She is married and has two sons.

**Janet (Hoveland) Ruhland** and **Wayne Ruhland** (1980) live in Waunakee, Wis. Janet received a master’s degree from the University of Iowa and now works at Methodist Health Center in Madison. Wayne works at Waunakee Manor Nursing Home.

**Patricia A. Thoma** (1982) passed the APTA Orthopedic Specialty Exam in 1996. She lives in Portland, Ore, is married, and has a daughter.

**Lee Ann (McLeod) Keller** (1982) also lives in Portland, Ore. She is married, has a daughter, and is a part-time home health therapist.

**Karen Lunda** (1982) lives in Tucson, Ariz. She has presented on Work Hardening and Rehabilitation at the 1995 American Occupational Health Conference and written an article on ergonomics for *Orthopedic Clinics of North America*.

**Susan (Anderson) Doucette** (1982) was named winner of the Sports Physical Therapy Section’s BREG Excellence in Research Award in 1995 for the article, “The effect of open and closed chain exercise and knee joint position on patellar tracking in lateral patellar compression syndrome.”

**Nancy L. Thompson** (1982) is the director of rehab services at the Home Health Agency of Chapel Hill, Inc., in Chapel Hill, NC. She is responsible for PT, OT, and SLP services.

**Gregg Ziemke** (1982) is head of PT at the Naval Medical Clinic at the U.S. Naval Academy, Annapolis, Md. He was selected by the U.S. Navy to attend the graduate program in orthopedic physical therapy at Chicago Medical School.

**Peg O’Brien** (1982) moved to Wayzata, Minn, with her husband and two daughters.

**Colleen A. (Sullivan) Bohl** (1983) lives in Franksville, Wis, with her husband and four children, and is in clinical practice half-time.

**Jeff Charland** (1983) coauthored a book, *Facilitated Stretching*, published by Human Kinetics in 1992. He is in private practice with four clinics in Colorado Springs, Colo.

**Lori (Fielder) Ochalek** and **Jennifer (Otto) Wade** (1983) would like to plan a reunion for their class. Anyone else from 1983 interested?

**Judy Flegel** (1983) is working on a master’s degree in PT (pediatrics) at the University of Illinois at Chicago. Judy lives in Chicago with her husband and 2-year-old son.

**Kathie (Allard) LaFortune** (1983) lives in Moscow, Idaho. She is married with 2 children and is self-employed, doing school district and early intervention PT.

**Jenny (Berendt) Williams** (1984) is the director of a developing physical therapist assistant program at a small private medical/dental college in Phoenix, Ariz.

**Mary (Bellissimo) Battista** (1984) has three small children and lives in Eden Prairie, Minn.

**Carla (Fox) Kramoris** (1984) is an NDT specialist at Curative Rehab Services in Milwaukee, Wis. She is married and has two small children.

**Jaynie Bjornaraa** (1984) received a master's degree from UNC-Chapel Hill in 1991, is a sports certified specialist, an ATC, and a certified strength and conditioning specialist. Jaynie lives in San Diego, Calif.

**Bart Hebert** (1984) is enjoying private practice in the Northwoods. He and a partner have clinics in Rhinelander and Minocqua, Wis.

**Sandy (Pokorny) Karcher** (1984) works full-time as the supervisor and CCCE of an outpatient clinic in Davenport, Iowa.

**Maura (Casey) Brennan, MD** (1984) has a private OB/GYN practice in Chicago.

**Sarah (Gilbertson) Lampman** (1985) works for Lodi, Baraboo, and Reedsburg School Districts, and lives in a remote Sauk County log cabin powered by solar and wind energy.

**Gary Johnson** (1985) is the coordinator of athletic medicine services at San Diego State University.

**Steven A. Marti** (1985) is the director of physical medicine services at HealthEast St. Johns Hospital in Maplewood, Minn. He also directs an outpatient PT and Work Hardening Program in an offsite clinic. Steven was commissioned as an officer in the United States Army Reserve in 1987 and is still in the USAR as a Captain in the 114th Combat Support Hospital. He is in the Army Medical Specialists Corps as a PT. Steven is presently studying for an MBA at the University of St. Thomas and remains a Badger Football season ticket holder. "Go Big Red!"

**Cindy (Bruechert) Marti** (1986) is working at NovaCare Outpatient Rehab in the Pettit National Ice Center, Milwaukee. She was married in 1988 and has three children: Mathew, 5, Elliott, 3, and Isaac, 2.

**Sydney "Kim" Schoensee, MS, PT, OCS, ACCE** (1986) published her postprofessional master's thesis (from UAB 1992) in JOSPT: "The effect of mobilization on symptoms of cervical headaches." She is a PT instructor at the University of Alabama-Birmingham.

**Annette J. Christopherson** (1987) is working for MedRehab in the Dodge County Head Injury Unit.

**Julie Lewandowski** (1987) has, with the help of IPTA, organized a continuing education course for PT, OT, RT and golf pros. The course involves learning about the golf swing and how to teach someone with a physical disability how to play golf. She is also involved in a horseback riding program for physically/cognitively/sensory disabled children and adults. If anyone is interested in learning or helping, please call Julie at (815) 874-8000.

**Phyllis Ploudre** (1987) is happily settled in Alaska with her husband Paul, son Logan, and daughter Annalis. Her plans are to privately practice out of her home part-time.

**Jennifer Erdmann** (1989) is happily married and the proud mom of two girls: Brittany and Allison. Besides working part-time at the Community Hospital, she teaches a pregnancy exercise class through the YWCA and has implemented a postnatal exercise program in the hospital.

**Elizabeth (Greshik) Smith** (1989) was married in June 1993 to Kevin Smith. She works at the Institute for Athletic Medicine in Minneapolis, Minn.

**Cindy (Cynthia) Eckert Rusher** (1989) had a baby girl named Alison on May 24, 1996.

# *in touch*

**Lisa Steinkamp, MS, PT, MBA**  
Program Director

**Andrea Schmick**  
Design and Layout

*In touch* is published twice annually by the University of Wisconsin–Madison Physical Therapy program, a section of the Department of Surgery. Please send correspondence to:

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